

### September 2026

| Sun              | Mon              | Tues                                                           | Wed                                                                | Thurs                                             | Fri                                               | Sat              |
|------------------|------------------|----------------------------------------------------------------|--------------------------------------------------------------------|---------------------------------------------------|---------------------------------------------------|------------------|
| <u>CLOSED</u>    | <u>CLOSED</u>    | 1<br><b>Group Sessions</b><br>10 to 12<br>1 to 3:00<br>4 to 6  | 2<br><b>New Patients &amp; 1on1 by Appt</b><br>10 to 12<br>3 to 6  | 3<br><b>Group Sessions</b><br>10 to 12<br>4 to 6  | 4<br><b>Group Sessions</b><br>10 to 12<br>1 to 3  | <u>5 CLOSED</u>  |
| <u>6 CLOSED</u>  | <u>7 CLOSED</u>  | 8<br><b>Group Sessions</b><br>10 to 12<br>1 to 3:00<br>4 to 6  | 9<br><b>New Patients &amp; 1on1 by Appt</b><br>10 to 12<br>3 to 6  | 10<br><b>Group Sessions</b><br>10 to 12<br>4 to 6 | 11<br><b>Group Sessions</b><br>10 to 12<br>1 to 3 | <u>12 CLOSED</u> |
| <u>13 CLOSED</u> | <u>14 CLOSED</u> | 15<br><b>Group Sessions</b><br>10 to 12<br>1 to 3:00<br>4 to 6 | 16<br><b>New Patients &amp; 1on1 by Appt</b><br>10 to 12<br>3 to 6 | 17<br><b>Group Sessions</b><br>10 to 12<br>4 to 6 | 18<br><b>Group Sessions</b><br>10 to 12<br>1 to 3 | <u>19 CLOSED</u> |
| <u>20 CLOSED</u> | <u>21 CLOSED</u> | 22<br><b>Group Sessions</b><br>10 to 12<br>1 to 3:00<br>4 to 6 | 23<br><b>New Patients &amp; 1on1 by Appt</b><br>10 to 12<br>3 to 6 | 24<br><b>Group Sessions</b><br>10 to 12<br>4 to 6 | <u>25 CLOSED</u>                                  | <u>26 CLOSED</u> |
| <u>27 CLOSED</u> | <u>28 CLOSED</u> | 29<br><b>Group Sessions</b><br>10 to 12<br>1 to 3:00<br>4 to 6 | 30<br><b>New Patients &amp; 1on1 by Appt</b><br>10 to 12<br>3 to 6 |                                                   |                                                   |                  |

### October 2026

| Sun              | Mon              | Tues                                                           | Wed                                                                  | Thurs                                             | Fri                                               | Sat              |
|------------------|------------------|----------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------|---------------------------------------------------|------------------|
|                  |                  |                                                                |                                                                      | 1<br><b>Group Sessions</b><br>10 to 12<br>4 to 6  | 2<br><b>Group Sessions</b><br>10 to 12<br>1 to 3  | <u>3 CLOSED</u>  |
| <u>4 CLOSED</u>  | <u>5 CLOSED</u>  | 6<br><b>Group Sessions</b><br>10 to 12<br>1 to 3:00<br>4 to 6  | 7<br><b>New Patients &amp; 1on1 by Appt</b><br>10 to 12<br>3 to 6    | 8<br><b>Group Sessions</b><br>10 to 12<br>4 to 6  | 9<br><b>Group Sessions</b><br>10 to 12<br>1 to 3  | <u>10 CLOSED</u> |
| <u>11 CLOSED</u> | <u>12 CLOSED</u> | 13<br><b>Group Sessions</b><br>10 to 12<br>1 to 3:00<br>4 to 6 | 14<br><b>New Patients &amp; 1on1 by Appt</b><br>10 to 12<br>3 to 6   | 15<br><b>Group Sessions</b><br>10 to 12<br>4 to 6 | 16<br><b>Group Sessions</b><br>10 to 12<br>1 to 3 | <u>17 CLOSED</u> |
| <u>18 CLOSED</u> | <u>19 CLOSED</u> | 20<br><b>Group Sessions</b><br>10 to 12<br>1 to 3:00<br>4 to 6 | 21<br><b>New Patients &amp; 1on1 by Appt</b><br>10 to 12<br>3 to 621 | 22<br><b>Group Sessions</b><br>10 to 12<br>4 to 6 | 23<br><b>Group Sessions</b><br>10 to 12<br>1 to 3 | <u>24 CLOSED</u> |
| <u>25 CLOSED</u> | <u>26 CLOSED</u> | 27<br><b>Group Sessions</b><br>10 to 12<br>1 to 3:00<br>4 to 6 | 28<br><b>New Patients &amp; 1on1 by Appt</b><br>10 to 12<br>3 to 6   | 29<br><b>Group Sessions</b><br>10 to 12<br>4 to 6 | 30<br><b>Group Sessions</b><br>10 to 12<br>1 to 3 | <u>31 CLOSED</u> |